

	Theme	Title	Author	Publisher
Client Presentations				
	Addiction	Counselling for Problem Gambling: Person-Centred Dialogues	Bryant-Jefferies	CRC Press
	Addiction	Working with drug and alcohol users	White	Jessica Kingsley P
	Addiction	Counselling for Alcohol Problems	Velleman	Sage
	Adolescents	Counselling Adolescents (2nd Edition)	Geldard & Geldard	Sage
	Anxiety	Overcoming Social Anxiety and Shyness	Butler	Robinson
	Anxiety	Anxiety Disorders and Phobias: A cognitive Perspective	Beck	Basic Books
	Children	Counselling Children (2nd Edition)	Geldard & Geldart	Sage
	Depression	Psychotherapy and Counselling for Depression	Gilbert	Sage
	Depression	Overcoming Depression	Gilbert	Robinson
	Eating Disorders	Counselling for Eating Disorders	Gilbert	Sage
	Grief	Working with Loss & Grief	Machin	Sage
	Grief	Counselling for Grief & Bereavement	Humphrey & Zimpfer	Sage
	Intrusive thoughts	Overcoming unwanted intrusive thoughts	Winston & Seif	New Harbinger
	Relationships	Overcoming sexual problems	Ford	Robinson
	Risk	Counselling Suicidal Clients	Reeves	Sage
	Risk	Safe with self-injury	Inckle	PCCS Books
	Self-esteem	Overcoming Low Self-Esteem	Fennell	Robinson
	Trauma	Counselling for Post-traumatic Stress Disorder	Scott & Stradling	Sage
Trauma	Counselling Survivors of Childhood Sexual Abuse	Draucker & Martsof	Sage	
Counselling Modalities				
	ACT	Acceptance and Commitment Therapy Distinctive Features	Flaxman, Blackledge & Bond	Routledge
	Brief Therapy	Brief Counselling	Windy Dryden & Colin Feltham	McGraw-Hill Ed
	CBT	Parent-Led CBT for Child Anxiety	Creswell, Parkinson, Thirlwall, and Willetts	Gilford Press
	CBT	Beck's Cognitive Therapy Distinctive Features	Wills	Routledge
	CBT	Skills in Cognitive Behaviour Counselling & Psychotherapy	Wills	Sage
	CBT	Assessment and Case Formulation in CBT	Grant, Townend, Mills, Cockx	Sage
	CBT	Cognitive Therapy in a Nutshell	Neenan & Dryden	Sage
	CBT	An Introduction to Cognitive Behaviour Therapy (3rd Edition)	Kennerley, Kirk & Westbrook	Sage
	CBT	An Introduction to Cognitive Behaviour Therapy (2nd Edition)	Kennerley, Kirk & Westbrook	Sage
	CBT	CBT with Children, Young People & Families	Fuggle, Dunsmuir & Curry	Sage
	CBT	Cognitive Behavioural Counselling in Action	Trower, Jones & Dryden	Sage
	CBT	Cognitive Behaviour Therapy: An A-Z of Persuasive Arguments	Neenan & Dryden	John Wiley & Sons
	DBT	Dialectic Behaviour Therapy Distinctive Features	Swales & Heard	Routledge
	CBT	Low Intensity Cognitive Behaviour Therapy	Papworth, Marrinan & Martin with Keegan & Chaddock	Sage
	CBT	Cognitive Behaviour Therapy Case Studies	Thomas & Drake	Sage
	MBCT	Mindfulness-Based Cognitive Therapy Distinctive Features	Crane	Routledge
	REBT	Skills in Rational Emotive Behaviour Counselling & Psychotherapy	Dryden	Sage
	REBT	Rational Emotive Behaviour Therapy in a Nutshell	Neenan & Dryden	Sage
	REBT	Dictionary of Rational Emotive Behaviour Therapy	Dryden & Neenan	Wiley
	Skills	Case Material & Role Play in Counselling Training	Tolan & Lendrum	Routledge
Skills	Client assessment	Palmer & McMahon	Sage	
Skills	The Definitive Book of Body Language	Pease	Orion	